

SICW

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JAN SEVA CENTRE

WHERE THE CHILD COMES FIRST



TABLE OF CONTENTS

CONTENT	PAGE
Background	01
Services	02
Current Services	03
Current Services -Community Health Services	04
Faces of Lives Changed	05
Operations	06
Financial Projections	09
Conclusion - Join Us!	10



1. BACKGROUND

BACKGROUND

Pathways to Children has partnered with the Society of Indian Children's Welfare ("SICW") in Kolkata, India since 2010 assisting in the financing and the operation of their Community Centre called Jan Seva. The Centre houses a preschool, a special needs program, 2 medical clinics, a mother's job training center and a community health program and is located in the Tiljala and Kaasba area, very poverty-stricken areas of Kolkata, India.



The Society of Indian Children's Welfare (founded in 1979) is a nondenominational and nonpolitical Non Government Agency (NGO). It is licensed by the Department of Women and Child Development, Government of West Bengal and is a Fit Institution under the Government of India, Juvenile Justice (Care and Protection) Act 2006. Over the years SICW has blossomed into a vibrant and visionary movement

dedicated to the betterment and rehabilitation of children and women.

Pathways to Children was founded by Grace Strangis in 2009 as an U.S. 501(c)3 organization. Pathways to Children helps and empowers children in extreme poverty through carefully selected collaborative projects focused on education, healthcare, and volunteerism.



2. SERVICES



CURRENT SERVICES

Jan Seva's mission is to give severely impoverished women and children in Kolkata, India the necessary education and skills to lift themselves out of poverty, while caring for their basic nutritional and medical needs so that they can learn and thrive. In 2016, 57% of the households, which had children attending the preschool, reported an increased income when questioned after 6 months. The medium income of families for new entrants in 2016 was Rs.4750. Six months later this had risen to Rs.6000. The school is a three-story building where the following programs occur:

1 PRESCHOOL EDUCATION

An program with 225 children, ages 2-6. The children attend six days a week. They are given free education, nutrition and health coverage, two sets of uniforms per year, plus all books and study materials. The bright and spacious classrooms are well equipped with colorful furniture and toys. The children are taught in Bengali & English using a play-based method.

3 HEALTHCARE

On site are two medical clinics, a pediatric clinic for children in the school and children from the surrounding community, and an adult clinic primarily for the mothers and their families. Health care services have recently been expanded to the greater community through a community health program involving graduate students and professors from the University of Minnesota.

2 UDAAN – A SPECIAL NEEDS PROGRAM

School for challenged children with special needs, in partnership with the Indian Institute of Cerebral Palsy, The Oral School and the Helen Keller Institute. It is the only such facility in the area. 30 children are enrolled with more than 50 children on a waiting list. The free program provides them with education, nutrition, medical needs, prosthetics, hearing aids, physical therapy, psychotherapy and counseling.

4 MOTHERS JOB TRAINING

Young women and girls are given the empowerment of self-employment with the following education programs:

- a. Adult literacy course for young girls and women
- b. Computer training for 60 girls and boys at a time, providing a recognized diploma from NIIT University.
- c. Vocational training in cooking, sewing, cleaning, first aid, childcare, and making of handcrafts and other quality items.

CURRENT SERVICES (continued)

5

COMMUNITY HEALTH SERVICES

ALONG WITH A COLLABORATION WITH THE UNIVERSITY SCHOOL OF PUBLIC HEALTH (UMNSPH), PATHWAYS TO CHILDREN CREATED AN OUTSTANDING COMMUNITY HEALTH PROGRAM.

This program not only provides public health graduate students with learning experiences outside of the U.S. culture, it also provides the Jan Seva Community with much needed health, mental health and disease prevention information and counsel.

The program employs 4 full time public health specialists from Kolkata and each year provides 3-4 UMNSPH students an avenue to implement health strategies in a culturally competent manner in poorly served countries.

Thus far this program has:

- Completed a home study of every family in the surrounding poverty stricken community.
- Developed in-house health education programs focusing on nutrition, respiratory and sanitation.
- Tackled drug, spousal abuse and anger management with the men in the community and now have the cooperation of police and governmental officials.



The Community Health program at Jan Seva was the result of Dr. Beth Virnig and University of Minnesota School of Public Health alumni visiting the school in 2015. The idea was that Jan Seva was the perfect “lab” in which University of Minnesota graduate students could experience using their knowledge and skills in developing countries. Since then, for the last 3 years, 3 or 4 graduate students volunteer at Jan Seva for 3 weeks to 6 weeks. They, along with the 4 public health professionals on staff at Jan Seva have completed an in-depth study of every family in the community who use the school. They have visited every home several times and thus are able to identify the living situations and needs of each family. Their work continues to develop this outreach program, most recently adding anger management and domestic violence programs and are currently developing educational materials with Sesame Street India (Galli Galli Sim Sim) for Jan Seva. Pathways Board member, Dr. Beth Virnig, an Associate Dean at the University of Minnesota School of Public Health, oversees the progress of the Community Health Program.

LIVES CHANGED DUE TO JAN SEVA CENTRE

Lives are enhanced daily by children that attend the school, mothers who attend the clinics or adult education classes and those in the community who participate in public health workshops, as well as volunteers who come from the U.S. to offer their services to the Centre. Below are just a few of their faces.



PRE-SCHOOL STUDENTS

In 2016, 88% of children leaving the pre-school gained entrance to Bengali, English or Hindi Medium schools. Every child receives regular medical check-ups and all children were vaccinated as indicated by the Universal Immunization program in 2016.



UDAAN STUDENT

Sayan was born with his hearing area of the brain not fully developed. He attended class at Jan Seva UDAAN until recently since Jan Seva encouraged his parents to admit him to a school specifically for hearing impaired children which he now attends. Pathways provided Sayan with a highly effective hearing aid which allows him to excel at the new school. Sayan continues to visit Jan Seva Clinic for his routine checkups.



MOTHER

Mothers are encouraged to attend adult education classes. More than 60% of the women who completed occupational training courses in 2016 are either employed, using the newly acquired skills for income generation or are enrolled in further education/training courses.



TEACHERS

Jan Seva offers much needed opportunities for employment in the community, not only for teachers, but for other service providers as well. Teachers are provided with orientation courses annually to update teaching methods to make schooling a happy and enjoyable experience for the children.



VOLUNTEER

One seminarian's reflection: "The price for charity is my life. And from this trip, it is clearly worth it. My experience in India was full. Not always fulfilling, but always full. It was a tremendous opportunity. It asked very little of me and gave me much more than I expected. I am indebted to this trip for its formative assistance in purifying and directing my heart towards God."



PATHWAYS BOARD MEMBER

Dr. Beth Virnig accompanied Pathways on a trip to Jan Seva in 2015. Later she became a Pathways Board Member and now oversees a program which provides much needed health and disease prevention information and counsel while giving Public Health students from the University of Minnesota avenues to implement health strategies in a culturally competent manner.



3. OPERATIONS

The goal of Jan Seva (with Pathways support) is to ensure the child leaves with the best mental and physical shape possible. The school provides an education program to prepare the children for admission into mainstream schools. Festivals such as Holi, Diwali, and Saraswati Puja as well as important dates in Indian history are celebrated. This adds to the children's all round development and awareness.



Play activities are given importance, as therapy for a child.

Children are given free uniforms and books.

Children are provided with two nutritional meals a day - breakfast and lunch. Fresh organic produce comes from a garden on the grounds.

Teachers receive orientation courses to update teaching methods to make schooling a happy and enjoyable experience for the children.

Parent Awareness meetings concerning their children's education and all round well being are held regularly. The importance of their role and cooperation in our efforts is stressed.

MEAL COST

TO FEED ONE CHILD TWO MEALS A DAY COSTS APPROXIMATELY \$51 ANNUALLY OR \$.25 A DAY

RATIO OF STAFF TO CHILDREN

Udaan Classroom - 7 special needs children: 1 Special Educator & 6 helpers

Preschool - 30 to 40 children: 1 teacher and 1 helper



DAILY SCHEDULE

08.45-09.10 am	Entry for staff and children
09.15-09.30 am	Assembly (Prayers & Exercise)
09.45-10.00 am	Milk and Breakfast for children
10.00-12.30 pm	Study time for children
12.30-01.00 pm	Hand washing and Lunch
01.00-01.30 pm	Dispersal of children
01.30-02.30 pm	Special class for children who are academically weak
02.30-02.45 pm	Dispersal of Special children referred above
02.45-03.45 pm	Cleaning process
4.00 pm	End time for Staff

Statement of Philosophy

Jan Seva promotes healthy development of children in a physically safe, emotionally secure, and intellectually stimulating environment. The program is unique in its collaborative nature. Jan Seva teachers intentionally partner with parents to create a strong connection between home and classroom which results in children moving easily between school and home in a positive atmosphere of trust and confidence.

PERSONNEL

In addition to enriching the lives of the people Jan Seva serves, Jan Seva employs the following people whose lives are also benefitted through their employment.

1 Pediatrician	4 Community Health Professionals
1 Women's doctor	1 Accountant
6 PreSchool Teachers	1 Vocational Training Teacher
10 PreSchool Coordinators	1 Adult Literacy Teacher
1 Cook/Gardener	1 Security Guard

The SICW's Board of Directors are all on staff as volunteers and each manages a department of the school.

MOTHER & CHILD CLINICS

An example of how far the dollars go at Jan Seva is the number of patients seen at the Mother and Child Clinic. In the month of August 2017 for example, 162 patients were seen ranging from orthology, gastrointestinal, respiratory, hypertension and general checkups. In January 2018, 80 women were screened for cervical cancer at the Mother & Child clinic. This clinic and the Pediatric Clinic were funded for less than \$15,000 in 2017.



Founder of Pathways to Children, Grace Strangis, above with one of the preschool children. Grace gives freely her time as Executive Director of Pathways to Children. She travels to Kolkata at least once a year to observe the operation and programs of Jan Seva, as well as bringing volunteers in various fields of expertise with her to provide volunteer services at Jan Seva.

JAN SEVA FINANCIAL PROJECTIONS

	<u>2017</u>	<u>2018</u>	<u>2019</u>
PROGRAM SERVICES			
Preschool	\$ 27,466	\$ 29,413	\$ 31,096
Special Needs - Udaan	10,561	13,935	14,918
Community Health Program	12,221	11,904	12,588
Mother & Child Clinic	6,667	7,287	7,564
Adult and Student Education	5,697	6,464	6,758
Preschool Clinic	4,781	5,263	5,483
	<u>67,393</u>	<u>74,266</u>	<u>78,407</u>
OPERATIONAL SUPPORT			
Personnel Costs	22,196	25,413	26,767
Building Costs including vehicles	11,132	9,207	9,350
Professional Fees	2,509	3,433	3,593
Fixed Assets	1,544	2,349	2,314
Office supplies, phones, internet	1,367	1,759	1,851
Taxes & fees	1,294	1,515	1,567
Exchange Adjustments & Misc	9,838	2,947	3,096
	<u>49,880</u>	<u>46,623</u>	<u>48,538</u>
TOTAL PROGRAM COSTS	<u><u>\$ 117,273</u></u>	<u><u>\$ 120,889</u></u>	<u><u>\$ 126,945</u></u>

EFFECTIVENESS OF FUNDING

For less than the average cost of a Chief Executive Officer's salary in the U.S., Jan Seva is able to employ 27 people, operate a preschool, a special needs program, 2 clinics, a community health program and 3 adult education programs, including a women's job training program. We look for individuals and organizations who see the impact and value their contributions would have in continuing and strengthening the programs and services Jan Seva offers.

CONCLUSION - JOIN US!

As a result of the collaboration of SICW and Pathways to Children, Jan Seva Centre is a place of love, compassion, sacrifice and evidences the power of the human spirit to triumph against all odds. Its services encompass a vast spectrum from educating and feeding preschool and disabled children, and providing vocational training to mothers, medical treatment and public health services to the children it serves as well as their mothers and family members.

Pathways and SICW's Jan Seva journey has been challenging but fulfilling.

The needs of helpless children are endless and every day brings a new reason to reach out to help those in need.

The challenge is to continue to fund existing programs and expand and reach out to serve the many other needs of the participating families.

We look forward to all the support and assistance that can be offered to help in this endeavor. Contributions made to Pathways are tax deductible. Every donation, however small, will be put to good use, strengthening our hands to bring a smile to every child's life.

CONTACT US

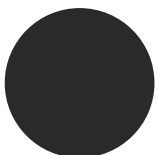
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Join Us!



• Dropping children off at school



• Learning to sew



• Learning a trade



• Happy special needs children



• Ready to wear!



• Mothers attending community health seminar



• Lining up before school starts



• Anxious for school



• Volunteers removing lice



• Receiving an education



• UMNSPH students preparing report



• Waiting patiently for breakfast

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